

Hawthorn Community Primary School

Hawthorn Road
Kettering
Northants
NN15 7HT

Tel: 01536 512204
Fax: 01536 512468



Head Teacher: Julie Clubley
Email: head@hawthorn.northants-ecl.gov.uk
Website: www.hawthornprimarykettering.co.uk

21st November, 2017

Dear Parent/Carer of children in Years 3 & 4

For the next two weeks the year 3 and 4 children will be undertaking their Fitness Friday sessions with the focus this term on Quick Cricket. This week our year 4 children will be participating in their sport tournament, whilst the year 3 children complete the healthy eating activity, and then the roles will be reversed next week. Once again the children from both year groups will have the opportunity to try the food that has been prepared in these sessions.

This week the year 3 children will be making Pear Triangles and the following week the year 4 children will be making Pea and Mint Dip, to try with carrot sticks or breadsticks. A list of the ingredients to be used in both recipes is included for your information.

Pear Triangles

- Pears
- Cinnamon
- Mixed spice
- Soft brown sugar
- Raisins/sultanas
- Non-dairy butter
- Filo pastry sheets

Pea and Mint Dip

- Frozen peas
- Fresh mint
- Lemon
- Sour cream
- Salt/pepper
- Carrots
- Breadsticks

As you have already completed a permission slip (listing their allergies) for your child to take part in any food sampling, you do not need to do anything else at this time unless there are any ingredients being used in this term's recipes that you do not wish your child to taste. If you would rather your child did not take part in this term's tastings please contact the school office.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Julie Clubley', written in a cursive style.

Julie Clubley, Headteacher