



21.6.24

	Hawthorn Community Primary School <i>The Hawthorn Herald</i>	
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Dear Parents and Carers,

It looks like summer has finally arrived! Please can I remind you to send your children in to school wearing sun-cream and with a cap and water bottle whilst the days are warmer.

KS2 Midsummer Dancing

On Monday (24th) we will hold our KS2 Midsummer Dancing event, which will include a special appearance from the Hawthorn Horrors! Your child should come to school in their school uniform as usual or PE uniform if they have PE. Please make sure they have their water bottle in school and have had sun cream applied before coming in.

Parents are invited to join us. The dancing will start at 2.00 pm prompt. Entry is via the Broadway gate only which will be open from 1.50 pm. We are looking forward to seeing you there!

Y6 Residential

Y6 will be heading off to Longtown for our residential on Wednesday! Please make sure you practise making your bed and keeping your room tidy over the weekend Year 6! We're looking forward to taking part in lots of activities - parents please keep an eye on dojo for photos of everything we will be doing.

Sports Day

What a fantastic sports day we have had today! We were delighted that so many of you were able to join us. It was great to see our children demonstrating such excellent sportsmanship and supporting each other in their races. A big thank you to Mrs Tinto for organising and Mr O'Key for helping to ensure the day ran smoothly.

A huge thank you to St Peter's School for hosting us in their beautiful grounds again and making us feel so welcome. It has been a pleasure to work closely with St Peter's this year - our Early Years have enjoyed Forest School and we've been able to get the children together for sporting competitions. We look forward to building on these links over the coming year.

Have a lovely weekend.

Best wishes

Emma Jacox

Head Teacher

Hawthorn Tesco Tokens

Please keep placing your tokens in the token bin at the main Kettering Tesco superstore! We are collecting tokens to win a £1,500 grant to support our Breakfast Club. When you shop at Tesco you will receive a token which you can put in one of three bins. If we are able to collect the most tokens we will secure the grant! So, please spread the word and let's get collecting!



Attend Today, Achieve Tomorrow!



Willows has impressed with 99% attendance this week - well done !!

Willows 99%

Apples: 97%

Cedars: 97%

Cherries: 97%

Maples: 97%

Oaks: 96%

Redwoods: 94%

Bay: 94%

Silver Birches: 93%

Elm: 92%

Ash: 89%

10 Top Tips for Promoting Physical Wellbeing

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

1 MAKE IT FUN

Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

2 MIX MOVEMENT WITH LEARNING

Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

4 PROVIDE POSITIVE REINFORCEMENT

Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

5 VARIETY IS KEY

Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

6 ENJOYMENT OVER COMPETITION

Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

7 SET REALISTIC GOALS

Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

8 MAKE IT ACCESSIBLE

Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

9 LEAD BY EXAMPLE

Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

10 ENCOURAGE PERSISTENCE

Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

Meet Our Expert

Adam Gillett is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.



#WakeUpWednesday

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For information on talking with child about social media, please click on the following link which will take you to the Internet Matters website: [Internet Matters: Talking with your child about social media](#)

Hawthorn School Lottery

If you haven't already signed up to Hawthorn School Lottery, now is your chance to do so! Some great prizes are on offer, see the link below for more info. So far this school year, our lottery has raised just under £1,000, a great fundraiser for the Friends of Hawthorn and our school.

<https://www.yourschoollottery.co.uk/lottery/school/hawthorn-community-primary-school>

Friends of Hawthorn - Up-coming Events



EVENTS 2023/24

+ Uniform sales, coffee mornings, non-uniform days & more!

NOVEMBER	DECEMBER
1 AGM	8 Christmas Fair Day 
24 Jam Jar Mufti Day	15 Rainbow Raffle Day 
29 Christmas events mtg	19 Class gifts

JANUARY	FEBRUARY	MARCH
12 'Break the Rules' Day 	15 Valentines Discos  TBC Parents Social	8 Mother's Day Gift Shop 

APRIL	MAY	JUNE
TBC April Forfeits Day	24 School Mosaic Project 	14 Father's Day Gift Shop TBC Drone photoshoot

JULY
TBC Summer Raffle  TBC Summer Community Fair

These events are run by a group of **volunteer** parents & carers to raise vital funds to support the school. If you are able to help (even once a year), please get in touch as **many hands make light work!**

friendsofhawthornkettering@gmail.com
[@friendsofhawthorn](https://www.instagram.com/friendsofhawthorn) 07792 510671

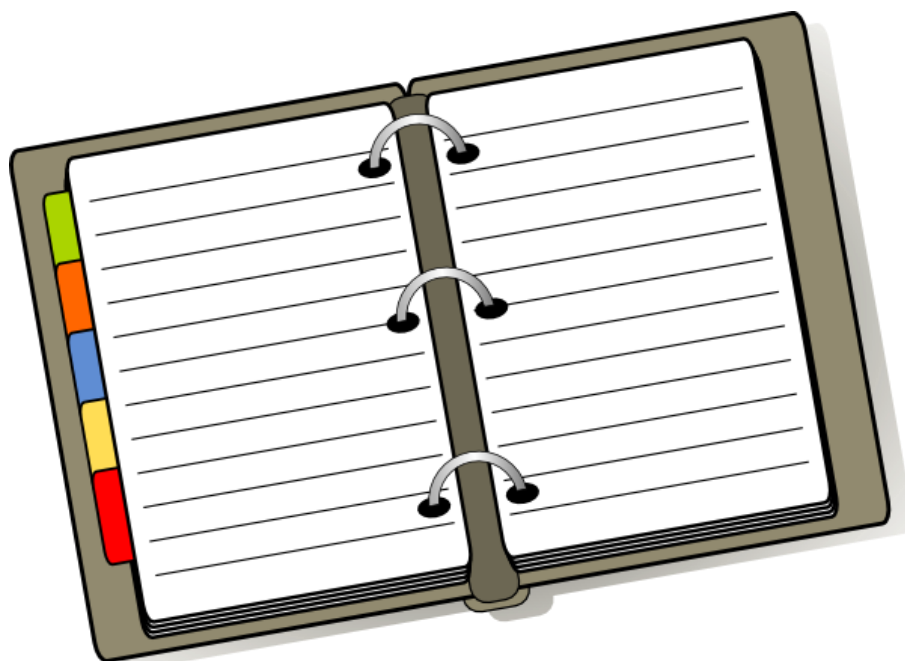
Dates may change. More details to follow throughout the year. Keep me on your fridge!

Community News & Events

Please follow the link below to the school website to find information on events happening in Kettering and surrounding areas:

[Hawthorn Primary - Community News and Events \(hawthornprimarykettering.co.uk\)](http://hawthornprimarykettering.co.uk)

Dates For Your Diary...



***Fri 21st Jun:** Sports Day at St Peter's School (EYFS & KS1 am, KS2 pm)*

***Mon 24th Jun:** KS2 Midsummer Dancing - 2pm*

***Weds 26th - Fri 28th Jun:** Y6 Residential to Longtown*

***Mon 1st July:** Willows to Slade Brook*

***Weds 3rd July:** Rocksteady Concerts (2pm)*

***Thurs 4th July:** Y5 trip to Iron Pit Woods*

***Fri 5th July:** Hawthorn Transition Day 1 (Chn in R-Y5 move up to new classes) and new Reception in.*

Y6 trip to Iron Pit Woods

***Mon 8th July:** Whole school Transition Day*

***Tues 9th July:** LKS2 trip to Holdenby House*

***Weds 10th July:** Y6 Junior Citizens event (12.30-2.30pm)*

***Thurs 11th July:** KS1 trip to Twycross Zoo*

Weds 17th July: Y6 Resolve event

3.30-4pm: Meet your child's new teacher

Mon 22nd July: Y6 Graduation (pm)

Y6 Leaver's Party (time TBC)

Tues 23rd July: Last day of term and Y6 Leavers' Arch

