

# Hawthorn Community Primary School

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12<sup>th</sup> March 2021

Dear Parents and Carers,

## **Relationships, Sex and Health Education (RSHE) Guidance**

In 2017, the government passed an amendment to the Children and Social Work Bill to make RSE and Health Education statutory from September 2020. Due to the pandemic, this date was moved to the Summer Term 2021. Before this document was issued, the last government guidance was published in the Year 2000 so was very out of date.

At Hawthorn, we follow the Jigsaw scheme of work. This is a comprehensive package covering many elements:

Areas covering the Primary Health Education are the following:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic First Aid
- Changing adolescent body (Puberty)
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Areas covering the Primary Relationships Education are the following:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Each area of the scheme is split into different puzzle pieces. The DfE statutory requirements sit within the whole-school Jigsaw PSHE programme through the teaching of these puzzles:

- Relationships are covered in the Relationships Puzzle but also throughout as we start with building a positive relationship with self and issues such as respect and understanding, rights and responsibilities, kindness, families, anti-bullying. Race and hate crime are covered age appropriately in the Celebrating Difference Puzzle and to some extent in the Dreams and Goals Puzzle (there is a focus on local and global communities in some of these lessons).



- Health Education is covered in the Healthy Me puzzle
- Changing Me covers correct body terminology (in KS1) and puberty and human reproduction in KS2.

With this letter is a parent's guide to Jigsaw and the new statutory guidance as well as the PSHE and RSE Policy.

If you have any questions regarding the policy and the guidance, or you would like to have more information about what is covered in the RSE lessons, please contact the office who will pass on the information, and I will get in contact to address any queries.

Kind regards,

**Jayne Tinto**

**(PSHE Lead)**

