



Week Three Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef meatballs in tomato sauce with rice	Mild Cajun chicken, roast potatoes & gravy	Roast chicken, roast potatoes & gravy	Pasta bolognese	Fish fingers with chips
VEGETARIAN	Vegetarian meatballs in tomato sauce with rice	Cheese & tomato pasta twists	Vegetarian cowboy pie	Mixed bean fajita	Vegetable burger in a bun
JACKET POTATO	Jacket potato or sandwich with a choice of filling	Jacket potato or sandwich with a choice of filling	Jacket potato or sandwich with a choice of filling	Jacket potato or sandwich with a choice of filling	Jacket potato or sandwich with a choice of filling
SIDE DISH	Selection of season vegetables & salad	Selection of season vegetables & salad	Selection of season vegetables & salad	Selection of season vegetables & salad	Selection of season vegetables & salad
DESSERTS	Chocolate cookie	Jam sponge	Iced lemon sponge	Sultana oat cookie	Fruity Friday

Freshly baked bread, fresh salad bar, water, seasonal fresh fruit and fruit yoghurt



School Lunch menu

Food for Life

With this menu we continue with our achievement of Food for Life menu which briefly means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

For more information on the award please visit foodforlife.org.uk/schools

Our Menu

Our menus meet or exceed government food standards for school meals. Do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British HMC certified assured meat. Are nut free.





Week One Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken & tomato pasta	Pork sausage, mash potato & gravy	Roast gammon, potatoes & gravy	Lasagne with potato wedges	Fish fingers with chips
VEGETARIAN	Macaroni cheese	Veggie sausage, mash potato & gravy	Sweet potato parcel	Vegetarian lasagne with potato wedges	Vegetarian fingers & chips
JACKET POTATO	Jacket potato or sandwich with a choice of filling	Jacket potato or sandwich with a choice of filling	Jacket potato or sandwich with a choice of filling	Jacket potato or sandwich with a choice of filling	Jacket potato or sandwich with a choice of filling
SIDE DISH	Selection of season vegetables & salad	Selection of season vegetables & salad	Selection of season vegetables & salad	Selection of season vegetables & salad	Selection of season vegetables & salad
DESSERTS	Flapjack	Banana traybake	Ginger shortbread	Marble cake & custard	Fruit Friday

Freshly baked bread, fresh salad bar, water, seasonal fresh fruit and fruit yoghurt



Week Two Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Ham pizza with potato wedges	Mild chicken curry, rice & naan bread	Roast turkey, roast potatoes & gravy	All day breakfast	Fish fingers with chips
VEGETARIAN	Cheese & tomato pizza with potato wedges	Mild vegetable curry, rice & naan bread	Cheese & baked bean puff with potatoes	Vegetarian pasta bolognese	Vegetarian fingers & chips
JACKET POTATO	Jacket potato or sandwich with a choice of filling	Jacket potato or sandwich with a choice of filling	Jacket potato or sandwich with a choice of filling	Jacket potato or sandwich with a choice of filling	Jacket potato or sandwich with a choice of filling
SIDE DISH	Selection of seasonal vegetables & salad	Selection of seasonal vegetables & salad	Selection of seasonal vegetables & salad	Selection of seasonal vegetables & salad	Selection of seasonal vegetables & salad
DESSERTS	Treacle sponge & custard	Cinnamon oaty cookie	Vanilla ice cream	Jam tart	Fruity Friday

Freshly baked bread, fresh salad bar, water, seasonal fresh fruit & fruit yoghurt