

FRONTIER CENTRE KIT LIST

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2 pairs of trainers (one old pair as they will get wet). One for indoors - no flip flops or slippers please

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1 pair of Wellies (if you have them)

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3 pairs of thick socks

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3 pairs of warm trousers (no jeans)

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3 warm jumpers (fleece if possible)

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3 + shirts (long sleeved top required for archery)

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Underwear

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2 towels and washbag (roll on deodorant - no sprays please)

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Warm hat and gloves

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Waterproof jacket and trousers

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Pyjamas

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2 binbags to carry wet clothes

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Small torch and spare batteries

NOTE: Please send in old clothes/trainers where possible for the canoeing activity as they will get wet