

Hawthorn Community Primary School

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Dear Parents and Carers,

Children's Mental Health Week wc 6th February

Next week is Place2Be's 'Children's Mental Health Week'. This year, the theme is "Let's Connect". The school council have asked the children what they would like to do to celebrate this week all about keeping our minds happy and healthy.

On **Thursday 9th February**, the children have asked for a 'dress to express' day. They can come to school in mufti, dress as a hero, dress as a princess/prince, wear face paint, dye their hair etc. It's all about celebrating who they are and feeling good about themselves. We are not asking for any donations as it's all about the children feeling good in their own skin.

Throughout the week, the children will be taking part in a range of activities to promote connecting with each other.

Thank you for your support,

Jayne Tinto

PSHE Lead

