



30.1.26

	Hawthorn Community Primary School <i>The Hawthorn Herald</i>	
Website: hawthornprimarykettering.co.uk		
Head Teacher: Emma Jacox Email: head@hawthorn.pfschools.org.uk		@hawthornpri
		Tel: 01536 512204

Dear Parents and Carers,

Parking Reminder

Parking continues to be an issue around our school. We kindly remind all parents and carers not to park on the double yellow lines outside the gates on Broadway, and not to park in front of the gates of the bungalows opposite the school.

These bungalows are home to elderly residents, and parking in front of the gates can block access for emergency services, including ambulances. These restrictions are in place to keep our children, families, and neighbours safe, and we ask that they are respected at all times.

Reports are regularly made to the PCSO and traffic wardens, who will continue to patrol these areas.

Toast and Tales

Toast and Tales will be held next week for EYFS on Wednesday (4th Feb). Come along at 8.20am and enjoy a book and a light breakfast with your child. Booking has now closed for this event.

Awards

Next week we will be holding awards assemblies across the school to celebrate the children who have achieved House Point awards. We look forward to recognising all the children who have achieved their Bronze or Silver Awards over the last few weeks. We will also be celebrating the children in LKS2 who are moving from pencil to pen, due to improvements in their handwriting. They will be presented with a pen, tied with their house ribbon.

Archery

On Monday, Hawthorn sent its best team of archers to Montsaye School for an archery event against some other schools from our local area.

Angel, Bertie, Evaan and Ethan showed great accuracy and determination as they took on 4 different archery based challenges. Lots of bullseyes, lots of support and lots of enjoyment was had by the team. Well done! ~ Mr J

Cransley Hospice Dress Down Day

Thank you to everyone who has donated to Cransley Hospice today as part of our Dress Down Day. The hospice supports people with life-limiting illnesses by enabling a better end of life experience. If you would like to support this very worthwhile cause, pls donate, via MCAS in the Store.

School Uniform Discount Code

Parents can enjoy 10% off school uniform orders at MyClothing by entering the code below at checkout.

Code: MYCQ110

Expires: 31/03/2026

Link: myclothing.com/discount/MYCQ110

Have a lovely weekend.

Best wishes

Emma Jacox

Head Teacher



Spring Term Sports Clubs

Please see details of this term's Sports Clubs, run by EcoCoach. All clubs will run from 3.30-4.30pm and cost £5 per session (Pupil Premium discount available).

Reception and KS1: Pokémon & K-Pop Demon Hunters Club

Starts: 7th Jan 2026 (Wednesdays, 6 sessions)

KS2: Nerf Action Club

Starts: 6th Jan 2026 (Tuesdays, 6 sessions)

Please see below for details of how to book



ECOCOACH CIC PRESENTS
AFTER SCHOOL ACTIVITY CLUBS AT
HAWTHORN PRIMARY SCHOOL
STARTING NOVEMBER 2025!

ECOCOACH CIC ARE EXCITED TO ANNOUNCE THE LAUNCH OF OUR NEW AFTER-SCHOOL SPORTS CLUBS FOR KS1 (INCLUDING RECEPTION CLASS) AND KS2 CHILDREN, OFFERING AN ENGAGING AND FUN-FILLED OPPORTUNITY TO DEVELOP NEW SKILLS, STAY ACTIVE, AND MAKE NEW FRIENDS!



KS1 MULTI SPORTS: STARTS: 5TH NOVEMBER 2025
(WEDNESDAYS, 7 SESSIONS)
YEAR GROUPS: RECEPTION, YEAR 1 & YEAR 2

KS2 CRICKET: STARTS: 4TH NOVEMBER 2025
(TUESDAYS, 7 SESSIONS) YEAR GROUPS: YEARS 3 - 6

⌚ TIME: 3:30 PM - 4:30 PM
💷 COST PER SESSION: £5

DISCOUNTS AVAILABLE:
WE'RE COMMITTED TO MAKING CHILD CARE MORE AFFORDABLE:
15% OFF FOR FAMILIES WITH CHILDREN ON FREE SCHOOL MEALS (FSM)
10% OFF FOR NHS, MILITARY, OR BLUE LIGHT CARD HOLDERS

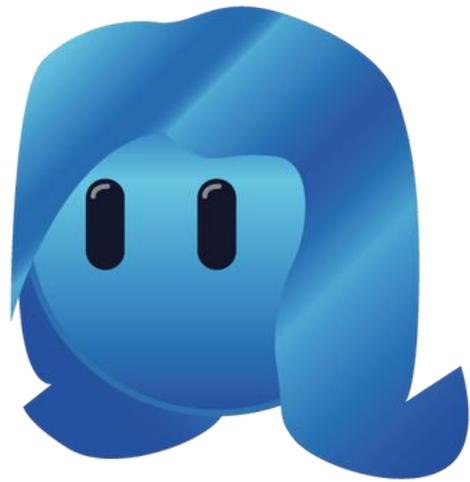
TO CLAIM YOUR DISCOUNT:
EMAIL GREENOFFICE@ECO-COACH.CO.UK WITH A PHOTO OF YOUR EVIDENCE (FSM ELIGIBILITY OR VALID ID). WE'LL SEND YOU A UNIQUE DISCOUNT CODE TO USE WHEN BOOKING.

HOW TO BOOK:
PARENTS CAN CHOOSE TO BOOK INDIVIDUAL SESSIONS OR THE WHOLE TERM.
THE MAXIMUM CAPACITY IS 20 CHILDREN PER SESSION, AND 5 SPOTS ARE RESERVED FOR FSM CHILDREN.
IF THESE SPOTS ARE NOT FILLED, THOSE ON THE WAITING LIST WILL BE OFFERED PLACES. IF THERE'S HIGH DEMAND, WE WILL CONSIDER ADDING AN ADDITIONAL COACH TO ACCOMMODATE MORE CHILDREN. BOOKINGS ARE FIRST COME, FIRST SERVED, AND ONLINE PAYMENT ONLY.

BOOKING LINK:
[HTTPS://ACTIVITIES.BOOKPEBBLE.CO.UK/SUPPLIER/ECOCOACH-CIC-D2997BFD-8ECF-4D63-AF1D-CDB98FCEA881](https://activities.bookpebble.co.uk/supplier/ecocoach-cic-d2997bfd-8ecf-4d63-af1d-cdb98fcea881)

WE'RE LOOKING FORWARD TO A FANTASTIC TERM OF SPORTS, TEAMWORK, AND FUN! HURRY AND SECURE YOUR SPOT NOW! FOR ANY ENQUIRIES, PLEASE CONTACT GREENOFFICE@ECO-COACH.CO.UK

House Points so far...



Click on the cards to see which house is in the lead so far!!

Air - 632 points

Fire - 659 points

Earth - 735 points

Water - 749 points

What Parents Need to Know about Mental Health Misinformation Online

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about MENTAL HEALTH MISINFORMATION ONLINE

A research study by Ofcom revealed that children aged 9-15 increasingly use online platforms like TikTok for mental health advice, with 50% relying on social media for information. Unverified medical content online is concerning, with the potential to cause confusion, anxiety, or incorrect self-diagnoses. This guide provides expert strategies to help parents and educators tackle misinformation effectively and ensure safer digital experiences for young people.

WHAT ARE THE RISKS?

POPULAR ONLINE SOURCES

Platforms like TikTok and Instagram are two of the main sources of young people's mental health content. Videos and posts frequently feature unqualified influencers, contributing to misinformation, myths, and oversimplifications. While appealing to young audiences, this unverified content can distort perceptions, and create unrealistic expectations and misunderstandings about mental health conditions.

RISK OF SELF-DIAGNOSIS

Social media's misleading content encourages young people to self-diagnose complex mental health conditions inaccurately. Misdiagnoses can exacerbate anxiety, cause unnecessary worry, or delay essential professional intervention. This has the potential to escalate manageable conditions into more significant mental health issues requiring comprehensive clinical support.

LACK OF FILTERS

Social media platforms struggle to filter misinformation effectively, allowing false content to spread widely and quickly. Without proper guidance, young viewers may not discern fact from fiction, potentially internalising inaccurate beliefs about mental health. This can negatively influence their decisions about seeking professional help or managing mental wellbeing.

IMPACTFUL PAST TRENDS

Historically, online mental health misinformation has led to harmful trends, including inappropriate coping strategies or sensationalised symptoms. For example, past TikTok trends on self-harm or anxiety 'hacks' have spread damaging advice, underscoring the risk when misinformation is not promptly addressed or corrected by knowledgeable adults.

MISLEADING CLINICAL TERMS

Online trends often include the misuse of clinical terms, such as 'trauma' or 'OCD', making serious conditions seem trivial or inaccurately understood. Such misinformation can diminish empathy, and lead young people to misunderstand mental health complexities, potentially preventing them from identifying real mental health issues in themselves or others.

REPLACING PROFESSIONAL HELP

Frequent reliance on digital content can deter young people from seeking professional mental health care, substituting expert support with unverified online advice. This substitution can prolong issues, complicate recovery, and reduce the effectiveness of future professional interventions, ultimately impacting overall mental health and wellbeing negatively.

Advice for Parents & Educators

MONITOR ONLINE ENGAGEMENT

Regularly review and discuss a young person's online activity, providing appropriate guidance on discerning accurate content. Tools such as parental controls or co-viewing content can help mediate exposure to harmful misinformation, facilitating safer digital habits and informed critical thinking about mental health.

SCHOOL-HOME COLLABORATION

Strengthen collaboration with educators to integrate digital literacy into the school curriculum, emphasising misinformation awareness. Jointly delivered education sessions on identifying and responding to misinformation can significantly improve pupils' ability to critically assess mental health content, supporting their mental wellbeing effectively both online and offline.

IDENTIFY RELIABLE SOURCES

Teach young people to critically evaluate mental health content by checking credentials, source authenticity, and evidence-based information. Encourage them to refer to trusted medical or educational platforms and to consult healthcare professionals for clarification. This reduces young people's reliance on potentially harmful or misleading online sources.

ENCOURAGE OPEN DIALOGUE

Foster a non-judgemental environment where young people feel comfortable discussing online content. Regularly talking about their online experiences and perceived mental health concerns helps clarify misunderstandings, mitigates misinformation, and builds trust, thereby enhancing their resilience and digital literacy. Model situations where you have sought advice from accurate sources and not solely relied on social media for health advice.

Meet Our Expert

Anna Bateman is Director of Halcyon Education Ltd, Director for Wellbeing and Family Services at Leigh Trust, and lead expert for mental health at The National College. Anna specialises in strategic mental health solutions for schools, supporting educators and families to improve resilience, emotional literacy, and overall wellbeing for children across the UK.

#WakeUpWednesday The National College

@wake_up_weds /www.thenationalcollege @wake.up.wednesday @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 28.01.2026

For information on talking with child about social media, please click on the following link which will take you to the Internet Matters website: [Internet Matters: Talking with your child about social media](https://www.internetmatters.org/talking-with-your-child-about-social-media/)

Child Exploitation

*A webinar session tackling county lines and child exploitation, is being delivered by **The Children Society**. The webinar aims to help parents understand the different types of exploitation, what the signs are and how to support someone who may be being exploited.*

Click on the event-brite link below for further information and to sign up.

[Understanding Child Exploitation Tickets, Mon, Mar 2, 2026 at 10:00 AM | Eventbrite](#)

Community News & Events



Brackley ✦ Daventry ✦ Duston ✦ Northampton ✦ Kettering ✦ Oundle ✦ Towcester ✦ Wellingborough

NMPAT

Scan me to find out more >>

Centre open morning

Enjoy a **free** morning at your local NMPAT Centre on **Saturday 7th February!**



**ST. MICHAEL
& ALL ANGELS**

GARFIELD STREET NN156BU



QUIZ NIGHT

SATURDAY 14 FEBRUARY

STARTS 7PM



**KIDS WELCOME
£5 PER PERSON
TEAMS MAX OF 6
BRING YOUR OWN
SNACKS & DRINKS
RAFFLE**

Presented by Glendon District Scout Council
Involving Scouts & Guides of the Corby & Kettering Area



GLENDON GANGSHOW LOUD AND PROUD

Weds 11th - Sat 14th March
2026

Nightly 7.15pm (Matinee Sat) 2.15pm
The Core at Corby Cube

Box Office: 01536 470470
thecorecorby.com

Scouts 

The Core
at Corby Cube

 Girlguiding

GAMES | MUSIC | FOOD | FUN

LAKELANDS HOSPICE

EASTER

FAMILY FUN DAY

🥚 SATURDAY, 4TH APRIL 2026 🥚 11:00AM - 3:00PM 🥚

Enjoy our Easter Egg Hunt, lots of stalls with crafts, games, delicious food and plenty of fun for all ages. A perfect day out for the whole family!

LAKELANDS HOSPICE, BUTLAND ROAD, CORBY, NN18 8LX

For more info please email - fundraising@lakelandshospice.org.uk

COMMUNITY - CREATIVITY - CONNECTION

ANALOGUE AFTERNOONS

FIRST SUNDAY OF EVERY MONTH 1-4PM
ST MICHAEL'S, 33 GARFIELD ST, KETTERING, NN15 6BU

COME TOGETHER TO BUILD COMMUNITY IN A TIME OF SCREENS & SOCIAL MEDIA

BRING YOUR OWN CRAFTS, BOOKS, GAMES & HOBBIES
SHARE SUPPLIES & SKILLS
TAKE PART IN CREATIVE COMMUNITY PROJECTS

KIDS ZONE
LEGO, CRAFTS & GAMES IN A SAFE SPACE
MUST ATTEND WITH A RESPONSIBLE ADULT

EVERYONE IS WELCOME - FREE OF CHARGE

Wednesday afternoons, 1-2pm

St Michael's Church, Garfield Street

£6 per child

Suitable for children from when they can sit!

Come and spend some time with your little one exploring different textures, sights, sounds and smells.

For more info contact Linda at MessyMayhemCP@outlook.com

Dates For Your Diary...



Weds 4th Feb: EYFS Toast & Tales (8.20am)

Thurs 5th Feb: Y4 Residential 2026 Parents Meeting (3.30pm)

Mon 9th Feb: Little Hawthorns (2-3pm)

Weds 11th Feb: EYFS & KS1 Celebration Assembly (2.15pm) invitation only

Y4 Cake Sale

Thurs 12th Feb: KS2 Celebration Assembly (2.15pm) invitation only

FOH Silent Disco - EYFS & KS1 3.15-4.15pm, KS2 4.30-5.30pm. **Tickets are limited, please book early on MCAS.**

Fri 13th Feb: Break Up

***** **Half Term** *****

Mon 23rd Feb: Back to school

Tues 3rd March: Class Photographs (Tempest Photography)

Thurs 5th Mar: World Book Day

Fri 6th Mar: Enfold/Sea of Support Session for SEND parents (1-3pm)

Y3 Cake Sale (3.10pm)

Weds 11th Mar: Y3/4 Residential

Fri 13th Mar: FoH Mother's Day Stall

Y3/4 Residential return

Mon 16th Mar: Book Fair in school for the week

Tues 17th Mar: Parent's Evening (3.30-6pm)

Weds 18th Mar: EYFS/KS1 Celebration Assembly - invite only (2.15pm)

Thurs 19th Mar: KS2 Celebration Assembly - invite only (2.15pm)

Parents Evening (3.30 - 6pm)

Fri 20th Mar: Comic Relief

Tues 24th Mar: Reception heights and weights

Thurs 26th Mar: Y2 Cake Sale (3.10pm)

Break Up

Fri 27th Mar: Training Day (no children in school)



ANCHORED SCHOOLS



GOLD AWARD