

Trip Packed Lunch Information - 2025

Roll	GLUTEN WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin & Thiamin), Water, Salt, Yeast, Sugar, Rapeseed Oil, Emulsifiers: E471, E472(e). Flour Treatment Agents: E300, E920. May contain SESAME
Wholemeal Bread	Wholemeal Flour (WHEAT), Water, WHEAT Protein, GLUTEN Yeast, Granulated Sugar, Salt, SOYA Flour, WHEAT Flour (with added Calcium, Iron, Niacin, Thiamin), Preservative (E282), Emulsifiers (E471, E472e), Caramelised Sugar, Vegetable Oil (Palm, Rapeseed), Flour Treatment Agent (Ascorbic Acid).
Spread	Water, Vegetable Oils (Rapeseed Oil, Palm Oil, Sunflower Oil (7%)), Salt, Emulsifiers (Mono & Diglycerides of Fatty Acids, Polyglycerol Polyricinoleate), Stabiliser (Sodium Alginate), Preservative (Potassium Sorbate), Colour (Annatto Bixin, Curcumin), Acidity Regulator (Citric Acid), Flavouring.
Cheese	Cheddar Cheese (MILK), (Whole MILK , Salt, Starter Culture, Non-Animal Rennet)
Ham - for dietary requirements <u>ONLY</u> .	Pork leg, Salt, Dextrose, Emulsifiers (E451, E450), Antioxidant (E301), Preservative (E250) Made with 100g of Pork per 100g of finished product
Raisins	Raisins (99.5%), Sunflower oil
Apple	Apple
Belgian Waffle	GLUTEN WHEAT flour, sugar, margarine (vegetable oils and fats (palm and rapeseed) water emulsifiers SOYA lecithin, mono- and diglycerides of fatty acids, salt, acid regulator citric acid, natural flavours, colouring: beta-carotene), EGGS , yeast, invert sugar syrup, stabilizer sorbitol, SOYA flour, salt, emulsifier SOYA lecithin, flavour.